# National Vet Science Math Practicum Units of Measurements

These are common formulas and conversions that students should be prepared to use as they may appear on the Math Practicum.

#### **Units of Mass**

| 1 kilogram (kg) = 2.2 pounds                              |
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| 1 pound = 0.45 kg   |
| 1 gram (g) = 1000 milligrams (mg)                         |
| 1 pound = 453.59 g  |
| 60 grains (gr) = 1 dram (dr)                              |
| 3 teaspoons (tsp) = 1 tablespoon (tbsp) = 1/2 oz = 14.3 g |
| 2 tbsp = 1/8 cup = 1 oz = 28.3 g                          |
| 4 tbsp = 1/4 cup = 2 oz = 56.7 g                          |
| 5 1/3 tbsp = 1/3 cup = 2.6 oz = 75.6 g                    |
| 8 tbsp = 1/2 cup = 4 oz = 113.4 g                         |
| 12 tbsp = 3/4 cup = 6 oz = 0.375 pound                    |
| 32 tbsp = 2 cups = 16 oz = 1 pound                        |

## **Units of Volume**

1 tsp = 5 milliliters (ml) 2 tbsp = 1 fluid ounce (fl oz) = 30 ml 1/4 cup = 2 fl oz = 60 ml 1/2 cup = 4 fl oz = 125 ml 1 cup = 8 fl oz = 250 ml 1 1/2 cups = 12 fl oz = 375 ml 2 cups or 1 pint = 16 fl oz = 500 ml 4 cups or 1 quart = 32 fl oz = 1000 ml = 1 liter (L) 1 gallon = 128 fl oz = 4 L 2 pints = 1 quart 4 quarts = 1 gallon

#### Units of Length

1 millimeter (mm) = 0.001 of a meter (m) 25 mm = 1 inch

## Units of Temperature

Celcius (°C) and Fahrenheit (°F)

°C = 5/9 (°F-32) or (°F-32) x 5/9 °F = 9/5 (°C) + 32 or °C x 9/5 + 32